

# The Structured Waves

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## Step 1

Blot the hair to 30% dry. This is done by squeezing the hair with a towel to absorb the moisture.



## Step 2

Apply a foundation product to even the cuticle and smooth the hair.



## Step 3

Apply a medium hold mousse to the roots, using a painting technique with your hands.

Tip: The mousse is only needed near the roots. The ends are more porous so require less product. Work in 2 inch sections to evenly apply product to all of the root area.



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## Step 4

Use a lighter hold spray for the ends. This product will help manipulate the hair into a long lasting style.

Tip: Exact holding product will depend on individual hair. Work in 2 inch sections and apply thoroughly throughout the mid lengths and ends.



## Step 5

Dry the hair to 70% dry. Use fingers to add any extra root lift. Do not rough the hair as this makes the blow-dry harder to achieve.



## Step 6

Take large three inch sections and smooth with a medium to large round brush. Dry the hair completely.



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## Step 7

Once the cuticle is smooth, take large 2 inch sections and spray with a light hold hairspray.



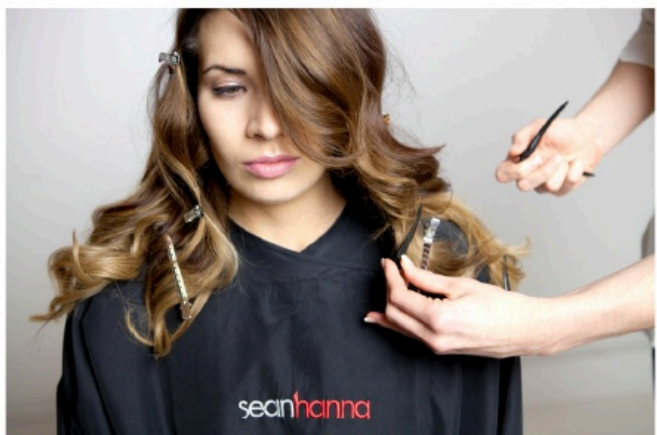
## Step 8

Use a large barrel tong or GHDs to create defined waves. Use a firm tension to create even curls.



## Step 9

Use clips to set and lock the waves into shape. Use a strong hairspray to secure shape.





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## Step 10

For smooth waves, brush the hair with a soft bristle brush.

Again lock into place with a firm hold hairspray.



seanhanna